

## Endurance & perseverance

- What is Endurance?
- What is Persevering?
- How do those both go hand in hand?
- How can Faith help us, with these?
- How do we Endure through the hard times?
- What does the Bible say about enduring?
- What can we learn about the Apostles and Prophets and those in the Bible about Enduring?

Read on to find out

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endurance /ĕn-dooṛṽəns, -dyooṛṽ-/  
noun

1. The act, quality, or power of withstanding hardship or stress.
2. The state or fact of perseverance.

The Christian life is not a 100-yard dash; it's a marathon. It's easy to begin a marathon well and it's not too difficult to run a few miles. The test comes over the long haul. Will you endure to the finish? In the Christian race, will you be

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faithful through all of the hardships, even unto death?

Every Christian wants to be able to say with the apostle Paul, as he thought about his own death (2 Tim. 4:7), "I have fought the good fight, I have finished the course, I have kept the faith." While God promises that He will keep all that He saves, the process is not automatic. We must endure hardship as good soldiers, disciplined athletes, and hard working farmers (2:3-7).

Enduring, through hardships is not always easy to do. We have to remember that, YAHUVEH GOD, doesn't give us more than we can handle, and that HE will always be there to sustain us, to get us through whatever it is we have to face in this life.

I know that, if you were to reflect on the things HES boughten you through thus far in your life, you would be in awe, I know I am. Because HE always provides a way for HIS children, and HE always cares and looks out for HIS children. The important thing to remember when getting through any kind of hardship is, Trusting In HIM, and obeying HIM. As long as we do this, we will be in HIS safety. We will be provided for, but HE does want us to rely on HIM, soely, to trust in HIM and to obey HIM is to love HIM.

Enduring the hard times is crucial and can benefit our Faith. It can sharpen our Faith, it can help it to blossom to grow. We want to be those who are Faith water walkers, especially when HE returns, Without Faith we cannot please HIM. The Bible says this, (Hebrews 11:6)

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**6** But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him.

What Does the Bible say, about those who endured?

Read Hebrews Chapter 11

By Faith

**"11** Now faith is the assurance of things hoped for, the conviction of things not seen. **2** For by it the people of old received their commendation. **3** By faith we understand that the universe was created by the word of God, so that what is seen was not made out of things that are visible

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**4** By faith Abel offered to God a more acceptable sacrifice than Cain, through which he was commended as righteous, God commending him by accepting his gifts. And through his faith, though he died, he still speaks. **5** By faith Enoch was taken up so that he should not see death, and he was not found, because God had taken him. Now before he was taken he was commended as having pleased God. **6** And without faith it is impossible to please him, for whoever would draw near to God must believe that he exists and that he rewards those who seek him. **7** By faith Noah, being warned by God concerning events as yet unseen, in reverent fear constructed an ark for the saving of his household. By this he condemned the world and became an heir of the righteousness that comes by faith.

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**8** By faith Abraham obeyed when he was called to go out to a place that he was to receive as an inheritance. And he went out, not knowing where he was going. **9** By faith he went to live in the land of promise, as in a foreign land, living in tents with Isaac and Jacob, heirs with him of the same promise. **10** For he was looking forward to the city that has foundations, whose designer and builder is God. **11** By faith Sarah herself received power to conceive, even when she was past the age, since she considered him faithful who had promised. **12** Therefore from one man, and him as good as dead, were born descendants as many as the stars of heaven and as many as the innumerable grains of sand by the seashore.

**13** These all died in faith, not having received the things promised, but having seen them and greeted them from afar, and having acknowledged that they were strangers and exiles on the earth. **14** For people who speak thus make it clear that they are seeking a homeland. **15** If they had been thinking of that land from which they had gone out, they would have had opportunity to return. **16** But as it is, they desire a better country, that is, a heavenly one. Therefore God is not ashamed to be called their God, for he has prepared for them a city.

**17** By faith Abraham, when he was tested, offered up Isaac, and he who had received the promises was in the act of offering up his only son, **18** of whom it was said, "Through Isaac shall your offspring be named." **19** He considered that God was able even to raise him from the dead, from which, figuratively speaking, he did receive him back. **20** By faith Isaac invoked future blessings on Jacob and Esau. **21** By faith Jacob, when dying, blessed each of the sons of Joseph, bowing in worship over the head of his staff. **22** By faith Joseph, at the end of his life, made mention of the exodus of the Israelites and gave directions concerning his bones.

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**23** By faith Moses, when he was born, was hidden for three months by his parents, because they saw that the child was beautiful, and they were not afraid of the king's edict. **24** By faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, **25** choosing rather to be mistreated with the people of God than to enjoy the fleeting pleasures of sin. **26** He considered the reproach of Christ greater wealth than the treasures of Egypt, for he was looking to the reward. **27** By faith he left Egypt, not being afraid of the anger of the king, for he endured as seeing him who is invisible. **28** By faith he kept the Passover and sprinkled the blood, so that the Destroyer of the firstborn might not touch them.

**29** By faith the people crossed the Red Sea as on dry land, but the Egyptians, when they attempted to do the same, were drowned. **30** By faith the walls of Jericho fell down after they had been encircled for seven days. **31** By faith Rahab the prostitute did not perish with those who were disobedient, because she had given a friendly welcome to the spies.

**32** And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets— **33** who through faith conquered kingdoms, enforced justice, obtained promises, stopped the mouths of lions, **34** quenched the power of fire, escaped the edge of the sword, were made strong out of weakness, became mighty in war, put foreign armies to flight. **35** Women received back their dead by resurrection. Some were tortured, refusing to accept release, so that they might rise again to a better life. **36** Others suffered mocking and flogging, and even chains and imprisonment. **37** They were stoned, they were sawn in two,[a] they were killed with the sword. They went about in skins of sheep and goats, destitute, afflicted, mistreated— **38** of whom the world was not worthy—wandering about in deserts and mountains, and in dens and caves of the earth. **39** And all these, though commended through their faith, did not receive what was promised, **40** since God had provided something better for us, that apart from us they should not be made perfect."

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1. What can you take away from this chapter?
2. How does Faith go hand in hand with enduring, and persevering?
3. What can we learn about holding onto our Faith and pressing onward?

Those who overcome and persevere in the Faith, will inherit eternal life  
(Revelation 2:7)

Perseverance is a recurring theme in the Bible, emphasizing the importance of steadfastness, endurance, and faithfulness in the face of trials and challenges. The Bible contains numerous verses that speak to the concept of perseverance, offering guidance and encouragement to believers. This exploration will delve into key passages that highlight the biblical perspective on perseverance.

**1. James 1:12 (NKJV):** "Blessed is the man who endures temptation; for when he has been approved, he will receive the crown of life which the Lord has promised to those who love Him."

The Book of James emphasizes the idea that enduring trials and temptations

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leads to spiritual maturity and, ultimately, the reward of eternal life. It underscores the notion that perseverance in the face of difficulties is a demonstration of genuine love for God.

**2. Romans 5:3-4 (NKJV):** “And not only that, but we also glory in tribulations, knowing that tribulation produces perseverance; and perseverance, character; and character, hope.”

The Apostle Paul, in his letter to the Romans, outlines a progression from tribulations to perseverance, character, and finally, hope. Perseverance is portrayed as a refining process that shapes the believer’s character and fosters a confident expectation in God’s promises.

**3. Hebrews 10:36 (NKJV):** “For you have need of endurance, so that after you have done the will of God, you may receive the promise.”

Hebrews underscores the necessity of endurance in fulfilling God’s will. The promise of God’s blessings is linked to perseverance, reinforcing the idea that enduring faithfulness is a key component of the Christian journey.

**4. Galatians 6:9 (NKJV):** “And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart.”

In Galatians, believers are encouraged not to lose heart in doing good, emphasizing the idea that persistence in righteous living and acts of kindness will eventually be rewarded in God’s appointed time.

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**5. 2 Timothy 4:7 (NKJV):** “I have fought the good fight, I have finished the race, I have kept the faith.”

Paul’s statement to Timothy encapsulates the essence of perseverance. The Christian life is depicted as a race and a fight, requiring steadfastness and fidelity to the faith until the very end.

**6. Revelation 2:10 (NKJV):** “Do not fear any of those things which you are about to suffer. Indeed, the devil is about to throw some of you into prison, that you may be tested, and you will have tribulation ten days. Be faithful until death, and I will give you the crown of life.”

The message to the church in Smyrna in the Book of Revelation reinforces the call to endure persecution and tribulation faithfully. The promise of the “crown of life” is extended to those who persevere even in the face of imminent suffering and death.

**7. 1 Corinthians 9:24 (NKJV):** “Do you not know that those who run in a race all run, but one receives the prize? Run in such a way that you may obtain it.”

Paul draws on the analogy of an athletic race to highlight the need for disciplined perseverance in the Christian journey. Believers are encouraged to run the race of faith with the goal of obtaining the ultimate prize – eternal life.

**8. Colossians 1:11 (NKJV):** “Strengthened with all might, according to His glorious power, for all patience and longsuffering with joy.”

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The Colossians are exhorted to endure with **patience** and longsuffering, finding strength in God's power. This verse underscores that perseverance is not just about enduring but doing so with joy, acknowledging the divine support that empowers believers to persevere.

**9. Psalm 27:14 (NKJV):** "Wait on the Lord; Be of good courage, And He shall strengthen your heart; Wait, I say, on the Lord!"

Perseverance often involves waiting on God's timing. This Psalm encourages believers to maintain courage and **patience** as they wait for God's intervention, trusting that He will strengthen their hearts in the process.

**10. Philippians 3:14 (NKJV):** "I press toward the goal for the prize of the upward call of God in Christ Jesus."

In Philippians, Paul likens the Christian journey to a pressing forward toward a goal. Perseverance is portrayed as an active pursuit of the prize that God has set before believers—an upward call in Christ Jesus.

**Conclusion**The Bible consistently emphasizes the importance of perseverance in the life of a believer. From the Old Testament to the New Testament, the message is clear: enduring faith in the face of trials, tribulations, and temptations is a hallmark of a faithful follower of God. The NKJV verses highlighted above provide a glimpse into the richness of biblical teachings on perseverance, encouraging believers to stand firm, run the race with endurance, and await the promised rewards with unwavering faith.

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After reading the above , lesson on Persevering, what is the reward, for doing so?

What stood out to you, in the verses mentioned above?

How does perseverance, Endurance, and Faith help us as Believers?

Pick a Verse on, The Topic of Endurance

Pick a Verse on the Topic of Perseverance

Pick a Verse on the Topic of Faith

Sumarize each verse-  
What can you learn individually , take away from each verse?